CAJUN SPORTS ASSOCIATION · LAFAYETTE, LOUISIANA

COACH AGREEMENT & CODE OF CONDUCT

CSA Girls Volleyball Program · Grades 1–6 · www.csalaf.com · November 2026 edition

This agreement must be completed and returned to the Volleyball Director **before your first practice**. By signing below, you acknowledge that you have read, understood, and agree to abide by all CSA Volleyball policies, this Code of Conduct, and all applicable facility rules. Coaching is a privilege — and this document is your commitment to the players, families, and program you serve.

COACH INFORMATION

FULL NAME (PRINT) _____

PHONE NUMBER _____

EMAIL ADDRESS _____

SEASON (E.G., FALL 2025) _____

TEAM / GRADE DIVISION _____

ROLE: ☐ HEAD COACH ☐ ASSISTANT COACH

PRE-SEASON REQUIREMENTS CHECKLIST ALL REQUIRED

All items below must be completed before you may coach any CSA volleyball practice or game. Initial each line to confirm completion.

INITIAL	REQUIREMENT	STATUS / NOTES
	CSA Volunteer Registration Form — Completed and submitted to the Volleyball Director	☐ Complete ☐ Pending
	Background Check — Passed through CSA's approved screening provider (renewed annually)	☐ Complete ☐ Pending
	SafeSport Training — Completed at safesport.org; current certification provided to Director	☐ Complete ☐ Pending
	Handbook Review — Read and understood the CSA Volleyball Program Handbook in full	☐ Complete ☐ Pending

INITIAL	REQUIREMENT	STATUS / NOTES
	Practice Plan Guide Review — Reviewed the Season Curriculum & Weekly Practice Plan Guide	☐ Complete ☐ Pending
	Emergency Contact List — Received roster with emergency contacts for all players on your team	☐ Complete ☐ Pending

COACHING COMMITMENTS

By initialing each item below, you confirm your understanding and agreement with each commitment.

INITIAL	COMMITMENT
	I will arrive at least **15 minutes before** every scheduled practice and game to set up and prepare.
	I will remain at the facility until **every player has been picked up** by a parent or guardian.
	I will follow the **CSA season curriculum** and practice plan framework for my grade division.
	I will ensure **equal playing time** for all players. No player will sit out more than one rotation per set without a documented reason.
	I will maintain a **positive, encouraging coaching environment** at all times. I will not yell at, belittle, or publicly embarrass any player.
	I understand and will follow the **Two-Deep Leadership Rule**: I will never be alone with a single player. At least two adults must be present at all times. A 16–17-year-old assistant does not count as the second adult.
	I will **not communicate with players via personal social media**, direct messaging, or personal text messages outside of official team channels. The team GroupMe or text group is an official channel for parents only.
	I will report any player injury, incident, or concern to the **Volleyball Director promptly** — the same day if possible.
	I will follow the **communication ladder**: concerns go Coach → Director → CSA Board. I will not encourage parents to bypass this chain.
	I will **not argue with officials** during games. I will address any officiating concerns calmly and through the Volleyball Director.
	I understand that my role is **developmental and recreational**. Winning is secondary to player development, safety, and enjoyment.

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CODE OF CONDUCT — NON-NEGOTIABLE STANDARDS

The following behaviors constitute immediate grounds for removal from the coaching role, pending review by the Volleyball Director. No warnings will be issued for these violations.

- Physical contact with players beyond age-appropriate, instructional demonstration. When in doubt, demonstrate on yourself.
- Any form of verbal abuse, public humiliation, or demeaning language directed at a player, regardless of the player's behavior or performance.
- Profane, sexual, or discriminatory language in the presence of players or at any CSA event.
- One-on-one contact with a player outside of the team setting without another adult present (violation of Two-Deep Rule).
- Private communication with players via personal social media, direct messaging, or text.
- Alcohol or substance use before or during any CSA volleyball event.
- Retaliation against a player, parent, or official who raises a concern or complaint.
- Failure to report a known or suspected incident of child abuse or misconduct.

SIDELINE CONDUCT DURING GAMES

- Coaches must remain on the bench side of the court and may not cross the 10-foot line toward the net during play.
- A maximum of one head coach and one assistant coach may stand on the sideline. Additional coaches must remain in the spectator area.
- Coaching instructions must be delivered calmly and constructively. No screaming, no negative body language directed at players.

- Coaches are responsible for managing parent behavior on the sideline. If a parent is violating the spectator code of conduct, the coach must address it — or notify the Volleyball Director.

HANDLING DIFFICULT SITUATIONS

SITUATION	CORRECT RESPONSE
Player is upset or crying	Speak calmly and privately. Involve a parent if needed. Never dismiss or mock the emotion.
Parent disputes a coaching decision	Listen respectfully. Explain your reasoning briefly. Refer ongoing disputes to the Director.
Player behavioral issue at practice	Address privately, not in front of the team. Document and notify the Director if it recurs.
Suspected abuse, neglect, or misconduct	Do not investigate. Report immediately to Louisiana CPS (1-855-452-5437), or 911 if a child is in immediate danger. Then notify the Director.
Player injury	Stop play. Assess. Call 911 for every head injury, or if serious. Parent first, then phone the Director ((337) 298-6117) once she is stable. Document the same day (forms: Front Desk).

ACKNOWLEDGMENT & SIGNATURE

I have read the CSA Volleyball Program Handbook, this Coach Agreement, and the Code of Conduct in their entirety. I understand my responsibilities as a CSA volleyball coach. I agree to uphold the standards of this program and to act in the best interest of every player in my care at all times.

Coach Signature

COACH SIGNATURE _____ PRINTED NAME _____ DATE _____

Volleyball Director Acknowledgment

DIRECTOR SIGNATURE _____ PRINTED NAME _____ DATE _____

Return this completed form to: Stephanie Abdalla, CSA Volleyball Director
Questions? Email cajunsportslafayette@gmail.com.